

HERITAGE  
LINCOLNSHIRE



Members  
Summer 2022

# Activity Booklet



Welcome to  
Heritage Lincolnshire  
Members Summer 2022

# Activity Booklet

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Thank you for supporting Heritage Lincolnshire by being one of our amazing family members! With the launch of our Bolingbroke Back in Time event coming up in August, we wanted to dedicate our Summer booklet to all of our knights and princesses! We hope you are now looking forward to some summer fun with us in your latest activity booklet. If you are new to our family membership we cannot wait for you to get started with puzzles, activities and getting out and about to enjoy the summer sunshine!

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# EASY GAMES TO PLAY AT HOME FOR KNIGHTS AND PRINCESSES



We have some great suggestions for some games to play at home, that are fantastic fun for any knight or princess....

1. Send the knights on a quest to find Merlin, Excalibur or a golden dragon egg. ▣
2. Play King or Queen Says (instead of Simon Says). ▣
3. Have a Jester contest where each person wears the jester's hat and goes in front of the King and Queen to perform magic, juggling or comedy act. ▣
4. Build your own fort with boxes, building blocks or whatever you can find to ensure you do not let the enemy beat you! ▣
5. Have a Masquerade Ball, make your mask from the next page and get an adult, to put on those traditional songs for you to do a traditional boogie (or silly Knight and Princess dances from Wonderland). ▣





# COLOURING IN

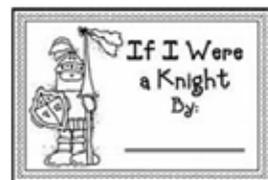
## Make your own Masquerade Ball Mask

Why not cut this out and get an adult to put two holes in it with some string or elastic? Or a stick to put on the left hand side and hold your mask to your face!

Colour it in bright colours, stick on feathers, get those sequins out or anything else you want to make it look amazing and ready for that masquerade ball?



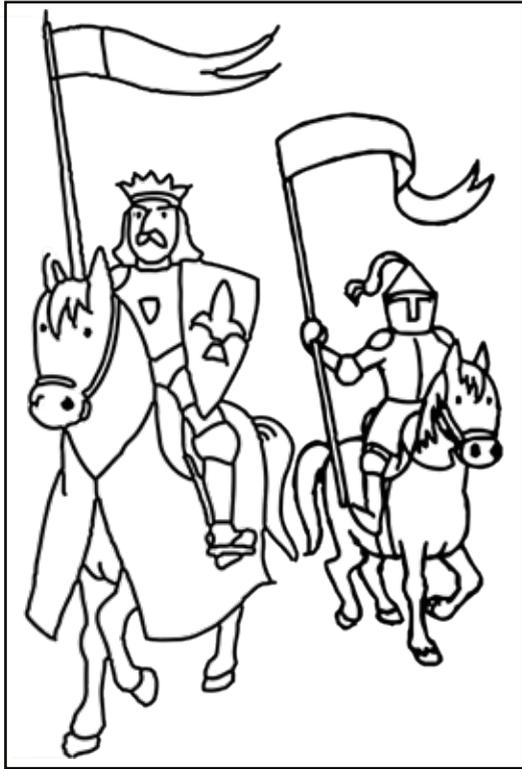
**Tell us what  
you would  
do if....**



Colour the Knight and Princess in



# Spot the difference



There are 5 differences to find between these two pictures! Then you could perhaps colour-in these drawings!



# LIMERICKS

to sing along to...

## **PRIDE COMES BEFORE THE FIRE**

There once was a brave old knight  
Who thought he was always right  
Fought a dragon alone  
Shouting out 'For the throne!'  
And was eaten up all in one bite

## **WHEN YOU'RE THE MAIN COURSE**

There once was a man from the east  
Who visited an ogre's niece.  
She thought him quite cute,  
And tasty to boot.  
So she took him along for the feast

## **WHY YOU NEED A GUEST LIST**

There once was a King of the land  
Whose palace was massive and grand  
He welcomed the masses  
Who smashed all the glasses  
And the party got quite out of hand

Written by Charlotte Davey

# Knights and Castles

## Wordsearch

V Y O E D N R W T C A S T L E Q  
P S T R R Z O L T A Q H O R S E  
T A O E D B U A A X E Q U R N R  
G W W F R P O M C F G U A A Y T  
S O L P A M P R I N C E S S E  
T X E T W I G S I L P E P E C H  
P C A S B V B K J S A N U A I E  
R C Y Q R W A I S E V Q M Z G R  
I T R U I O R B T H S P B U A A  
N K M I D B R N O C I T A S U L  
C N S R G C O Y U H O E E E N D  
E I H E E R W K R E J U L R T U  
D G T A J O B E N L P P R D L M  
W H A R S S A K A M C L S T E J  
P T R C W S I X M E R L C G T L  
A Y M H X B D T E T L A N C E X  
M N O E I O U O N P J O U S T W  
O Y R R Y W T K T J A V E L I N



ARCHER  
HELMET  
AXE  
JESTER  
CATAPULT  
KNIGHT  
DRAWBRIDGE

GAUNTLET  
ARROW  
HORSE  
CASTLE  
KING  
CROSSBOW  
MOAT

ARMOR  
HERALD  
BOW  
JOUST  
COURT  
LANCE  
GATE

# JOKES



## Knight Jokes

**Q: Who was the roundest knight at King Arthur's table?**

A: Sir Cumference

**Q: What the most frustrating thing for dragons when knights gave them birthday parties?**

A: Blowing out the candles...

**Q: Why were some medieval times called the dark ages?**

A: Because there were so many knights.

**Q: Where do pork knights park their horses?**

A: Spam a lot

**Q: What's the easiest way to find a princess?**

A: Follow the footprinte.

**Q: Why do dragons sleep during the day?**

A: They fight knights.

**Q: Who is strong enough to move a castle?**

A: A chess player!

**Q: Why did the dragon stop fighting with knights?**

A: He was tired of canned food...

## Princess Jokes

**Q. Which Disney princess would make the best judge?**

A. Snow White, because she's the fairest of them all!

**Q: Why is it a bad idea to give Elsa a helium balloon?**

A: She'll let it go! ("Let it Go" is the title of a song from the film "Frozen")

**Q: Which Disney princess made the most clever jokes?**

A: Ra-PUN-zel.

**Q: How does the ocean say hello to Princess Ariel?**

A: It waves.

**Q: How did the princess know how heavy the dragon was?**

A: It came with scales.

**Q. Why did Dopey bring Snow White paper and crayons?**

A: She told him it was time to draw the curtains.

**Q: Who won the princess race?**

A: Rapunzel won by a HAIR.

**Q: Why did Cinderella get kicked off the soccer team?**

A: Because she always ran away from the ball.

**Q. What does Ariel like to put on her biscuits?**

A: Merma-lade.

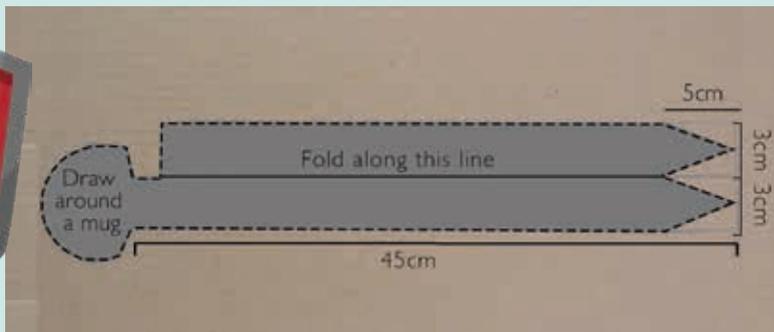
# KNIGHTLY INDOOR CRAFT

## MAKE YOUR OWN CARDBOARD SWORD

Follow our simple guide to make a sword out of cardboard and foil, fit for any knight ready to defend his empire!

### You will need:

- Strong cardboard
- Kitchen foil
- Sticky tape
- Masking tape
- Pen/pencil
- Ruler
- Small mug to draw around
- Scissors
- Empty cardboard toilet roll



### 1. Draw out the shape of your sword. Here is a guide as to what you can do:

Draw three straight parallel lines 45cm long and 3cm apart, leaving extra space at one end of the cardboard. This will form the two sides of your blade and the place where you hold your sword, which is called the hilt. Make sure the lines run the same way as the grain of the cardboard so that your blade is strong - and so that the shape is easier to cut out and fold in half.

You'll need to make one end of your blade pointy. Draw identical triangles on each side, making sure that the point is half way.

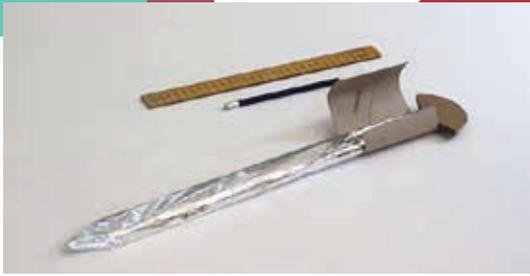
At the other end, the hilt of your sword ends in a rounded pommel, which is used to help balance the weight of the blade. To draw this, put your mug over the hilt-end of one side of the blade and draw half way around it.

### 2. Cut out your sword – be very careful or get an adult to help you.

**3. Wrap your blade in foil.** Take a piece of kitchen foil the same length as your blade and stick it to the middle of one side of your blade. Carefully wrap/ fold the foil around the blade and stick in place.

At the 'sharp end' fold the corners down as if you're starting to wrap a present and glue/tape in place.





**4. Make your Hilt.** The place that you hold your sword is called the hilt. Draw a straight line up your cardboard loo roll and smooth it out flat. Tape it to theommel-end of your sword.

Fold the loo roll around the blade until you can't fold it anymore, then tape it together with masking tape across the long side.

**5. Make your cross guard.** To make the cross guard which protects your hand, draw a rectangle on your cardboard 6cm wide and 10cm long.

You'll need a slot out of the middle that is the same side as your blade. It will be about 3cm x 1.5cm, depending on how thick your cardboard is. To find the middle of your cross guard, draw straight lines between each corner and half way across each side then measure out your small rectangle.

Look at the picture for guidance and be very careful when you're cutting this out.

**6. Put it all together** You're almost ready for battle!

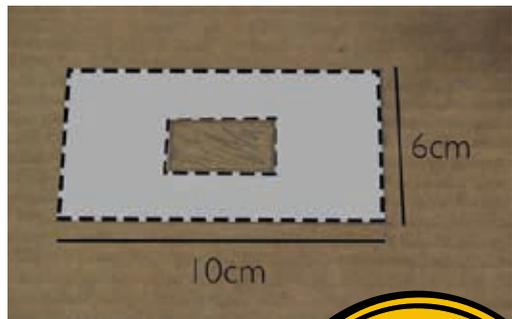
Slide the cross guard piece down the blade (pencil side down) and tape it to the hilt underneath.

If you want to decorate your sword, you could paint the hilt brown or black to make it look like horn or wood (this is was often used to provide a secure grip).

You could also use a gold or silver marker pen to draw a pattern on theommel or blade

**7. Name your Weapon**

The tradition of naming swords started in pre-history, and continued into the Middle Ages. Now it's time for you to do the same. Give your sword a name worthy of the heroic deeds that you will do with it.



# MEDIEVAL FOOD

## FRUIT SWORDS

### You will need:

- Pineapple (or if you prefer a savoury option why not have some cheese blocks)
- Round fruit such as blueberries or grapes
- Cocktail sticks
- Mini swords (you can get these from places like Amazon)

### What you need to do:

1. Cut your pineapple into 1cm x 1cm cubes, and put your cocktail stick through the middle of it. Slide on your other fruit and pop your mini sword on top. You could also use little mini flags if you wanted too! **Easy Peasy!**



## RICE CRISPY WANDS

### You will need:

- 6 cups of rice crispies
- 1/2 cup of unsalted butter
- 1/4 cup of white chocolate cut into pieces to melt
- 5 cups of marshmallows
- Paper straws (about 10)
- 1/2 cup of pretty sprinkles of your choice

### What to do:

1. In a large saucepan melt the butter over low heat. Be very careful and get an adult to help you.
2. Add marshmallows and stir constantly until they are completely melted.
3. Remove the saucepan from the heat and add in the Rice Krispies cereal and some of the sprinkles (make sure you save some for the decoration). Stir until everything is well coated.
4. Using a spatula, evenly press the mixture into 15 x 10 x 1-inch pan coated with cooking spray. Allow it to cool slightly and then using a cookie cutter coated with cooking spray, cut into star shapes.
5. Melt the white chocolate pieces by placing them in a bowl and placing over another bowl full of hot water, keep stirring it until it is completely melted. Drizzle it over each star and before it dries place extra sprinkles over top.
6. Let them cool. Then carefully insert a straw into each star.
7. Tie ribbon around each straw for some extra wow!



CAN YOU GET THE  
KNIGHT AND PRINCESS  
BACK TOGETHER?





# A ROSEBUD IN JUNE

The sun was high in the sky, and the clouds were light and wispy. Everyone had been up at first light to gather the sheep into the Rout yard of King Henry's castle at Bolingbroke for shearing.

Eve, being one of the youngest there, could not do any shearing like her parents or older brother Guy, and so was spending her time with carrying the shorn fleeces from the shearers to the wagon way where they were stuffed into sacks and loaded onto horse drawn wains. Other young boys and girls were doing the same, but those who were old enough were needed for the shearing itself. The smallest children were left to run and play, but most were gathering up stray tufts of wool that were starting to speckle the low grass of the Rout yard. Eve remembered doing that herself, and then pestering her mother to help her card and spin the wool. Her mother had indulged her, and asked her father to make her a little spindle and distaff of her own. After all, every girl had to learn to spin.

The air was filled with chatter and the bleating of sheep as everyone in the village pitched in to the task of the day. The older boys were joking with Guy and the older girls were putting their heads together and whispering. Eve guessed what this was about. Guy had been spending a lot of time with a girl named Ruth and she had overheard people talking about it.

At Noon, as the villagers paused and rested, the Steward of the Castle came out to see them. With him were servants carrying baskets of bread, whole wheels of cheese and great jugs of ale. On Shearing day, the lord fed all the villagers, and all the villagers worked together shearing all the sheep of the manor and parish.

Eve noticed that some of the older village men, including her father, were talking to the Steward. As they did so, one of the girls sitting close by nudged Ruth and said that they were arranging her wedding. The older girls laughed at this, and Ruth blushed bright red.

With bread and cheese eaten and ale drunk, the afternoon was spent in a frenzy of activity as the various families raced to get the last of the sheep sheared. It was hot tiring work, but before the sun had gone down, Guy held up the last fleece for all to see. A cheer went up for the crowd and everyone wished their neighbour well.

Then more jugs of ale were brought out and the talk and laughter increased. Without any direction a circle began to form of men and women, young and old. Then a sweet light voice, the singing voice of the blushing Ruth, began to lift...

"It's a rosebud in June and the violets in full bloom,  
And the small birds are singing love songs on each spray..."

Story by Jim Snee

# Bolingbroke Back in Time

Medieval Spectacular

20 - 21 August 2022  
at Bolingbroke Castle



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**Bolingbroke  
Back in Time**



## Henry IV Returns to Bolingbroke

...the King's knights, learn about the traditional ...  
...move to medieval dances, and witness the ...  
...war horses practicing their martial skills, ...  
...the climactic skirmishes where armed fighters ...  
...port and the King's favour.

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[www.heritagelincolnshire.org](http://www.heritagelincolnshire.org)

[htladmin@heritagelincolnshire.org](mailto:htladmin@heritagelincolnshire.org)

01529 466 499

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[htladmin@heritagelincolnshire.org](mailto:htladmin@heritagelincolnshire.org)



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